

04 weekend



SADDLE GLAMOUR

Cycling is more than a mode of transport, it's an attitude. And no one knows this better than the Melbourne designers at Hannmaid. They won us over with their eye-popping bicycle cufflinks and now they've got these fabulous slap bands. The bands come in three patterns and protect your trouser cuffs from getting caught in your chain. They also make great wrist candy. So why not wheel into a little retail therapy to cure those Tour de France withdrawals? There are even some fresh new scarves and pocket squares to gawk at. RRP \$12.95. hannmaid.com



HAIRY SITUATION

Hair salons across Australia will snip and style as many customers as they can sit in their chairs tomorrow, donating all proceeds to HAGAR. The non-profit charity helps restore the lives of woman and children in Asia who survive severe human rights abuse through counselling and education. Actor Rachel Griffiths is backing the Style for Life drive, which will see you sporting a new hairdo for a good cause. You can still make a booking at one of four participating Victorian salons. If you can't make it, a small donation will go a long way. elevenaustalia.com/style-for-life

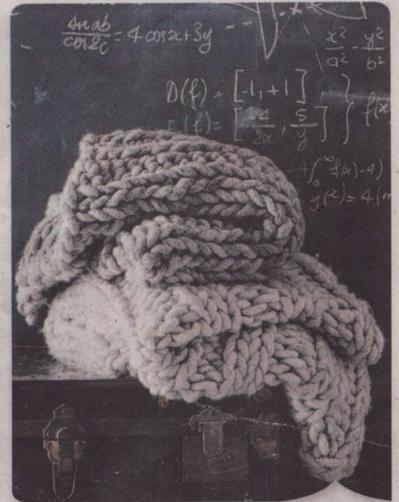
THIS WEEK'S MUST DO, SEE, BUY

LOVE it

COMPILED BY SOPHIE AUBREY

CHUNKY FOR A PUNKY

Don't you just want to bury your face in this blanket? The handmade, oversized Nantucket Throw by New Beach Road is everything you could possibly want for a wintry night on the couch: super chunky, 100 per cent merino wool and large enough to cover you head-to-toe. This lounge room luxury is available in seven colours. RRP \$995. newbeachroad.com



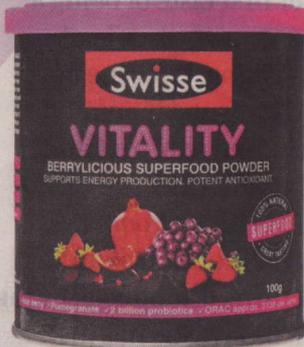
SPICK'N' SPAN

They may look like a certain Italian staple, but don't be fooled. These are Goodbye Detergent's eco-friendly trademark spaghetti scrubs, made from all-natural peach pits and corn cobs. No soap is needed for general cleaning, but a tiny dab will go a long way when needed. The long-lasting scrubs are pliable enough to get into the trickiest and tightest of spots, plus they're quick-drying to keep mould away. RRP \$8.95. goodbyedetergent.com.au



SUPER-DUPER

I can't promise you'll be swinging from the trees but the new Swisse range of six Superfood Powders IS designed to keep you perky throughout your busy day. Our fave is the berry-licious Vitality flavour, jam-packed with antioxidants, vitamins and probiotics to give you a summery kick. There's no added sugar so you can sprinkle freely into juice, yoghurt, smoothies or cereal. Guilt-free and uber tasty. RRP \$29.95. swisse.com.au



street tweets

WHAT'S THE TWITTER WHERE YOU LIVE?



NORTHCOTE

Joys of not feeling well but living in #Northcote, #ComfortFood is literally always 2 mins away... @justgeoff89

CITY

Chilling with the emo kids lol - not really (@ Flinders Street Station Steps) @inesnorman

TORQUAY

Checking out the surf shops this afternoon #RipCurl #Quicksilver and more in #Torquay - where it all began #Excited @SophieNicoleD

ST KILDA

Michael Jackson is alive and well and living in East St Kilda @mrtonymartin

HODDLE STREET

Reasons why I could never be a paramedic #3723127: Crossing Hoddle St at 70kph against the traffic. Eek @melbssonmymind

ARMADALE

Pro-tip for all young gentlemen of the Armadale/Malvern region: your waistbands go above your buttocks @crumplet

NICKELBACK



NARRE WARREN

Today I was at JB HIFI and this couple legit were looking for nickelback CDs. Welcome to narre warren Australia!!!! @gradicalz

